



# Cheektowaga Thunderbird's & YMCA of Buffalo-Niagara



## NFL Flag Football



Play ON OUR  
Team



### 5 ON 5 YOUTH FLAG FOOTBALL LEAGUE

*Pre-Registration Required!*

**Ages:** Mini 5-6 years old \*  
Pee Wee 7-8 years old \*  
Freshman 9-10 years old \*  
Junior Varsity 11-12 years old \*  
Varsity 13-14 years old \*

\*CO-ED

**Cost:** \$10.00  
(includes NFL Flag Football Jersey and belt)

SUPPORTED BY:



**BUFFALO BILLS**  
FOUNDATION

&



**TO REGISTER FOR YOUR AREA**

CHEEKTOWAGA  
Joe D'Amaro  
jdamaro@hotmail.com

**April 9, 2018 to  
June 10, 2018**

- 1 to 2 practices per week depending on team.
- 1 game per week on Fri Night, Sat. or Sun. at an approved NEYSA Flag Football Field
- All coaches are certified by USA Football for Flag Football
- No fundraising commitment
- Registration closes April 1

**All practices will be at:**  
**Dingens Park**  
690 Dingens St Cheektowaga NY. 14206

**With the support of the**  
**Town of Cheektowaga**

**Register online now at:**  
**[www.cheektowagathunderbirds.com](http://www.cheektowagathunderbirds.com)**