



Lancaster Youth Football and Cheer & YMCA Buffalo Niagara



Fall Flag Football



&



PRESENT

7 ON 7 COED YOUTH FLAG FOOTBALL LEAGUE

Pre-Registration Required!

Ages: Mini 5-7 years old
Freshman 8-9 years old
JV 10-11 years old
Varsity 12-14 years old
*Birthdate as of July 1st

Cost: \$60.00
(Includes a Custom Jersey and belt)



SUPPORTED BY:



August 12th –
October 6th

- 1 to 2 practices per week depending on team.
- 1 game per week on Saturday or Sunday at an approved NEYSA Flag Football Field (at least 7 games)
- All coaches are certified by USA Football for Flag Football
- Registration closes August 15th, 2019

All practices will be at:
William Street School
5201 William St, Lancaster, NY 14086

Please visit our website for more information

www.lancasterfootballcheer.com

Flag Coordinator: Scott Perry Scottyp53@hotmail.com